

Curriculum Overview and Homework Activities



Fitness and Football

Our topic this half term is 'Fitness and Football'. This is a 'Science' based topic that will allow us to gain the following knowledge. In Science, we will identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood. We will recognise the impact of diet, exercise, drugs and lifestyle on the way our bodies function. In Geography lessons, we will learn all about climate and locations of different countries. We will explore different time zones across the world and know why climates around the world are different, using positional language. In English, we will identify the features of different types of narratives and learn how to use these features within our writing. We will also look at the features of informal letters and learn how to use the correct structure before writing our own. In DT, we will be focusing on textiles, where we will be sewing an emblem for a new football team. We will use a number of different stitches such as running and back stitch. In RE, we will learn about Christianity and belonging within this religion. We will understand how Christians show their commitment to God. In Music, we will focus on the skill of performing and celebration. In Computing, we will build on E-Safety— health, wellbeing and lifestyle. We will describe some strategies to promote health and wellbeing with technology and discuss pressures that technology can place on someone and how to manage this. In PE, we will practice and apply different skills to support and develop our techniques in preparation for sports day. In Spanish, we will focus on vocabulary linked to a healthy lifestyle, learn key phrases for healthy and unhealthy habits and learn to follow a healthy recipe in Spanish and create our own using our new knowledge.

Homework in year 5/6 is a really important part of the learning process and if homework is not completed pupils will be asked to stay in and complete their tasks— this will prepare them for Secondary school, where the homework expectations are much more demanding.

Reading every night is the most important thing you do to support your child with their learning. There are weekly spellings to learn as well as **TTROCKSTARS** and timetables practice. We also set weekly math's homework— a sheet will be stuck in the **homework book ready to complete.**

Create a healthy eating plan. See your 2dos on Purple Mash for this.	Write a persuasive letter to Mrs. Fellowes to ask for something that would promote healthy eating in school. E.g a healthy snack and water vending	Create a story board for an advert promoting a health or sports product, this could include your own made up product or brand.	Write a fact file about the muscles and organs of the body and the effect on these during exercise.
Make a 3D model of either the heart or lungs and explain how these function during exercise.	Create a non-fiction 'Guinness book of records' booklet for the sport of your choice.	Design your own circuit of events for a sports day and explain how points will be awarded.	Create a poster that groups the main food types and say why these are important to your health.