

PHYSICAL EDUCATION CURRICULUM

INTENT

We believe that physical education, experienced in a safe and supportive environment, is a unique and vital contributor to a pupil's physical, mental and social wellbeing and health. A broad and balanced physical education curriculum is intended to provide pupils with increasing self-confidence in their ability to manage themselves and their bodies. Progressive learning objectives, combined with sympathetic and varied teaching approaches, endeavour to provide stimulating, enjoyable, satisfying and appropriately challenging learning experiences for all pupils. It is our intention to build a curriculum that enables children to develop knowledge, skills and vocabulary in a broad range of sporting activities. We intend on developing values and transferable life skills such as tolerance, fairness and respect. We want to promote the importance of physical activity and for the pupils to associate physical activity with enjoyment to ensure more participation within sport in the future and a healthier future lifestyle.

IMPLEMENTATION

The school follows progressive schemes of work and lesson planning provided by the Milton Keynes North School Sport Partnership.

Children participate in 2 PE lessons per week, taught by their class teacher and sports coach. The LTP overview sets out the units of work to be taught each half term to ensure progression across the year group and across the key stage.

At EY and KS1 the curriculum focuses on physical literacy to develop fundamental skills and ABC skills (Agility, Balance and Coordination). Planning is themed to increase pupil engagement and develop learning. At KS2 the children continue to develop these skills as well as more sport specific skills.

The emphasis of our PE curriculum is for pupils to enjoy physical activity and exercise whilst gaining knowledge of different skills for a variety of sports. We also aim for inclusion for all pupils regardless of sporting ability. Learning experiences are adapted in such a way to meet the needs of all pupils.

To ensure the high-quality delivery of PE lessons you will see:

- Consistency in teaching including an active starter, warm-up, skill development followed by a game or sequence
- Use of same organisation routine throughout the school
- Use of a wide variety of teaching style
- Adapted tasks to ensure good progress
- Use of formative assessment strategies during the lesson



IMPACT

Through teaching high quality PE, the children will:

- Acquire new knowledge and skills and an in depth understanding of PE
- Learn to be creative, competitive and co-operative.
- Face challenges as individuals and in small groups or teams
- Learn how to think in different ways to suit the variety of challenges set
- Be able to demonstrate their learning, using a range of communication styles, allowing for effective evaluation, assessment and feedback
- Be able to differentiate activities using STEP to ensure pace, progress and engagement
- Understand how to lead a healthy lifestyle and the benefits of regular physical activity
- Enjoy PE and develop a love of sport
- Gain new knowledge of a variety of sports skills, rules and tactics.